ABSTRACT OF THE DISCLOSURE

A skate (200) having a frame (226) adapted to support a plurality of wheels (228) and a base (214) disposed above the frame. The base includes a platform (280) having a longitudinal rail (282) with a plurality of locking detents (288), and an upwardly extending guide tab (284). A separable semirigid toe cup (216) includes an elongate slit (254) therethrough, and slidably engages the rail of the base, such that the toe cup can be adjusted longitudinally. An angled channel (264) in the toe cup engages the guide tab, such that the width of the slit, and therefore the width of the toe cup, increases as the toe cup is moved to lengthen the skate. In an alternative embodiment of the invention, a threaded post (302) extends transversely through the slit, permitting independent adjustment of the width of the toe cap.

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